



# ESCAPE

SABC  
SUMMER CAMPS

## What To Bring

It is crucial that you label all clothing and items. There are lots of misplaced items. Items with a name on them are much easier to return to the owner.

Please do not bring any electrical devices (MP3/ CD players, cell phones or game and web devices). Electrical devices will be confiscated and returned at the end of the week.

Here's what you need:

- Sleeping bag and pillow
- Clothing and toiletries
- Runners and sandals
- Swimsuit (modest) and towel
- Sunscreen and hat (essential! – we do have some in our Tuck Shop)
- Insect repellent
- Rain jacket and boots (optional)
- Water bottle (we do have some in our Tuck Shop)
- Flashlight
- Bible
- Camp Dishes (FORT campers require a plate, bowl, cup and cutlery)
- Pocket Knife (FORT campers do have opportunity to do some carving if they want) - we collect these knives and only use them in a controlled setting